

# “Transforming Depression: The Power of Humor, Wellness & Personal Energy Management”

Learn simple techniques to help you take charge of your life from spiritual consultant Victor Paruta, humor expert Barbara Baxter & wellness expert Zak Nordyke.

**Monday, July 26, 2010, 6:30pm-8:30pm, \$25. One day only!**  
**Baker-Hunt Art & Cultural Center (Scudder House Ballroom), Covington, KY**



Victor Paruta is one of Cincinnati's most trusted spiritual consultants. He is founder of the Victory of Light Expo, the Cincinnati region's largest and finest metaphysical convention. Victor was voted Cincinnati's Best Psychic by Cincinnati Magazine. He was featured on ABC's "Barbara Walters' The View" and in many newspaper articles and radio and television shows. [www.VictoryofLight.com](http://www.VictoryofLight.com)



Barbara Baxter is a ventriloquist who specializes in Meet and Greet for business parties, conventions, restaurants and tea rooms. Barbara also creates theatrical productions with her ventriloquist characters for Dr. Karen Gail Lewis's Unique Retreats for Women. Barbara has performed several times at the International Ventriloquist Convention. <http://barbara-baxter.com>



Zak Nordyke is a passionate entrepreneur and exercise instructor looking to make the world a healthier place. Zak has dedicated himself to helping a wide demographic of clientele all over Cincinnati. He is founder of Destination Fitness which has the simple philosophy, "We Make It Easy to Live Healthy." [www.yourdestinationfitness.com](http://www.yourdestinationfitness.com)

**Please send registration form with payment to:**

Baker Hunt Art & Cultural Center  
620 Greenup Street  
Covington, KY 41011  
Phone: (859) 431-0020 Fax: (859) 431-9358 [www.bakerhunt.com](http://www.bakerhunt.com)

**Or call to register and pay at first class.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

**Payment Method: Check (enclose) or Credit Card. Could pay evening of lecture.**

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Security Code: \_\_\_\_\_

Signature: \_\_\_\_\_